

Health Balance

The Personal Touch

Price List

Thank you for showing an interest in the Health Balance range of health and beauty products, all of which are free of artificial colours, fragrances, parabens, and SLS or SLES. Safe for use by you and your family. Suitable for all skin types.

Less cost to you and to the environment too – as all empty containers can be re-filled on request.

Luxury skincare cream		
Support	50ml	6.80
Refresh	50ml	6.80
Refresh Body Lotion	100ml	7.50
Hand Heaven	30ml/60ml	3.00/7.00
Therapeutic massage blends		
All blends	100ml 250ml	Prices will vary
Sprays and Perfume Spritzers		
Virus Buster	100ml	7.50
Insect Repellent	100ml	7.50
Moth Repellent	100ml	7.50
Cloud 9	100ml	7.50
Top up concentrated blend		Prices will vary
Footcare Lotions and Potions		
Foot Soak	10ml	4.00
Foot massage Oil	10ml	4.00
Foot Reviver Lotion	100ml	7.50
Foot Protection Lotion	100ml	7.50
Foot Protection Dusting Powder	15ml	2.50
Personalised Blends		
All blends	10ml/100ml	Prices will vary

Pure Essential Oils

All available in standard 10ml bottles.

Bergamot	8.50
Black Pepper	9.65
Citronella	3.75
Eucalyptus	5.00
Frankincense 2ml	5.30
Geranium	10.65
Ginger	8.20
Grapefruit	5.85
Lavender	6.80
Lemon	5.10
Lemongrass	5.00
Marjoram	9.50
Melissa Blend in jojoba oil	9.50
Myrrh	17.55
Neroli	30.20
Neroli in jojoba oil	8.05
Orange sweet	4.25
Patchouli	8.05
Peppermint	6.70
Rose in jojoba oil	8.05
Rosemary	6.05
Sandalwood 2ml	11.50
Spearmint	5.75
Tea Tree	5.50
Thyme (linalol type)	8.20
Ylang ylang	8.10

Bergamot Uplifting, refreshing, helps lift mood, fights cold sore virus, vaginal infections, may soothe eczema, psoriasis

Citronella Reduces sweating, balances oily skin, helps with fatigue, migraines, neuralgia, colds, flu, insect repellent

Eucalyptus Stimulates the mind, clears sinuses, anti-bacterial action, relieves pain, aches, asthma, coughs

Frankincense Deepens breathing, soothes emotions, calms asthma, coughs, and bronchitis, restores tone to older skin

Geranium Balances emotions, supports problem skin, helps PMT and menopausal upsets, ulcers, wounds, haemorrhoids

Grapefruit For problematic skins, cellulite, muscle fatigue, stiffness, performance stress, low moods

Lavender Relaxing, aids sleep, heals minor burns, antiseptic action for cuts, spots, skin irritations, insect bites

Lemon Good for arthritic, rheumatic conditions, colds, flu, fever and infections, high blood pressure, varicose veins, warts

Lemongrass Tissue toner, helps poor circulation, muscle tone and slack skin, headaches and stress symptoms

Melissa Blend Good for shock, bereavement, may help lower blood pressure, helps eczema, brightens the mood

Neroli in jojoba oil The best for nervous anxiety, shock and panic. Also for reducing scarring, stretch marks, thread veins, wrinkles

Patchouli Anti-inflammatory, anti-septic, helps clear fungal infections, acne, cracked skin, eczema, brightens and opens mood

Peppermint Good for digestive upsets, colic, diarrhoea, stomach pains, stimulating for colds/flu, clears sinuses, relieves headaches. **Peppermint is not to be used at the same time as homeopathic remedies**

Rose in jojoba oil Nurtures and supports emotions in nervous tension, loss, fearfulness, good for sensitive skin, broken capillaries

Rosemary Improves alertness and study, relieves muscular and menstrual pain, rheumatism, digestive disorders

Sandalwood Warming, relaxing, grounding, eases tension, good for dry or cracked skin, soothes cystitis, calms mood

Tea Tree Anti-viral, anti-bacterial, anti-fungal. Helps boost immune system, fights colds/flu, athlete's foot, helps breathing

Thyme (linalol type) Good for arthritic, rheumatic conditions, poor circulation, gout, muscular aches and pains, sprains, sports injuries

Ylang ylang Deeply relaxing, may help high blood pressure, palpitations, fast breathing, insomnia, muscle tension, sexual frustrations, deep seated anger.

chryssie.burgess@gmail.com

07815 466006 chryssie-b.com